# MASK-FREE ACTION PLAN

# 1. PRACTICE RIGOROUS AUTHENTICITY My mask is

#### 2. SURRENDER THE OUTCOME

I <u>can'</u>t control | I <u>can</u> control

### 3. DO UNCOMFORTABLE WORK

My Daily Reflection

My Mask-Free Action(s)

## WHY THIS MATTERS TO ME

MICHAEL BRODY-WAITE